



POWER LUNCH

JUNE 2009

Bringing Worship to the Workplace

The Importance of Prayer-For a Time Such As This

By Min. Krista Forbes

I believe it is safe to say that we are in a "Season of Transition." As we look at CNN, read the Washington Post, or perhaps we can look at our own personal lives, we see the strong evidence of transition taking place. Reductions in the workforce, foreclosures, divorce, relocating to a new city or state are all examples of transition.

Transition is defined as going from one point to another. We often hear 'transition' and we limit our reaction to the negative and worst possible solution. The good we once knew has now been replaced with the bad, the chaotic and the hurt. This causes us to cry out to God asking: *Why Me?! Why Now?! and Why This?!* We begin to mimic David in Psalm 141:1 "Oh Lord, I call to you; come quickly to me."

Crying out to God is an act of praying, or at least the start to developing a much needed prayer life. To get us through the other side of our transition, we must recognize the importance of prayer. In 2 Samuel Chapter 5, David becomes King of Israel and continues leading successful military campaigns. As King David went from place to place, transitioning, he did what we all must do: Inquire of the Lord (chapter 5 verses 19 and 23). If we can ask God not just 'why', but also ask 'what should we do'. Quiet ourselves and inquire of the Lord.

Most believers of God and God's word know how to cry out, but we fall short with waiting to hear from God. This is the crucial part of a prayer life. We must position ourselves to hear what God is saying back to us. David would inquire of the Lord and he did not move until the Lord answered him. And when the Lord responded it was with great detail (2 Samuel 5:23) and it required action on the part

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Great is Thy Faithfulness

By Rev. Dr. William D. Watley

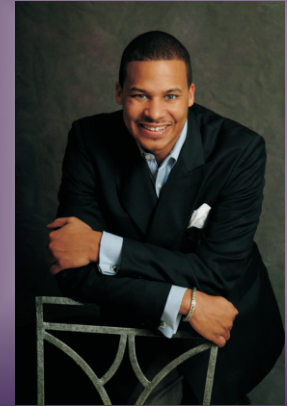
"Then Job arose, tore his robe, shaved his head, and fell on the ground and worshipped." Job 1:20 NRSV

Gracious God we confess there are times when like your servant Job of old, we don't understand what you are doing and why you are allowing some things to happen. However we pray for faith to stay with you and to trust You, even as he did. Even with all that we may not understand there are still some things we know about you and can say and stand on without fear of contradiction.

You will never betray us or deny us. You will never falsely accuse us. You will never lie to us or lie on us. You will never give us bad counsel or direct us in the wrong way. You will never turn his heart away from us. You will never bow to any political or any other kind of pressure when it comes to blessing us or being our advocate. You will never take us for granted. You will never turn us over to our enemies to save Yourself.

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Founder
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ISSUE HIGHLIGHTS

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of David (2 Samuel 5:19).

We must not think so highly of ourselves that we cannot sit still, be quiet and wait on a response from the Lord. We cry out to God, over and over again, but we don't close our mouths long enough to let Him get His response back to us. Then at 4:00 in the morning we have an interruption of our sleep, not of physical but a spiritual interruption. It is God with His answer to our earlier inquiry. This is the only time He can reach us - quiet and still.

To successfully get through any season of transition, we must:

1. *Continue crying out to the Lord, for he loves us and hears our voice (Psalm 116:1).*
2. *Do not babble unto the Lord for He knows what we are in need of (Matthew 6:7).*
3. *Get a Prayer Closet – find a quiet place to slip away with the intent of meeting God there (Matthew 6:6).*
**Note – if you have a kitchen, basement, bathroom or a car, you have a Prayer Closet!*
4. *Be Still and Know that He is God and is with us always (Psalm 46: 10, 11).*
5. *Get Ready to Get Up! When praying to God, expect a response that will require us to do something – we must take action (Joshua 1:9).*

Remember, prayer is a two-way conversation with God, but He is leading the conversation and we are just agreeing!

Minister Krista Forbes serves at East Friendship Baptist Church in Washington, DC where Rev. Melvin Maxwell is Interim Pastor.

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You will never walk out on us. You will never give up on us. You will never abuse or misuse our love or our trust. You will never leave a prayer unanswered or turn a deaf ear to our cry. You will never leave us without giving us what we need to keep standing until our breakthrough comes. You will never stop believing in us or stop loving us. Even in our troubles great is your faithfulness, O God. We will continue to trust you because no matter what we experience or go through we know that there is one word that we will never hear from you and that word is "can't." There is no problem You can't solve. There is no situation You can't turn around. There is no enemy You can't conquer. There is no sickness You can't cure. There is no door You can't open. There is no bill You can't pay.

There is no addiction You can't deliver us from. There is no generational curse You can't break. There is no hell-hold You can't enter. There is no devil You can't conquer. There is no yoke You can't break. There is no stronghold You can't bring down. There is no life You can't redeem. There is no soul You can't save. There is no place You can't go.

Therefore we pray for faith to stay with You no matter what happens from day to day or time to time, When things are going well and when our lives have been turned upside down and inside out, we pray for faith to stay with you. We offer this prayer in the name of our Lord Jesus who stays with us no matter what, Amen.

Rev. Dr. William D. Watley is the Senior Pastor of St. James AME Church in Newark, NJ and father of Power Lunch Founder Rev. Matthew L. Watley.

Power Lunch News

June Monthly Focus Prayer

Announcements

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